

*It is good to hope in silence for the saving help of the Lord.*

### **A reading from the Book of Lamentations**

My soul is deprived of peace,  
I have forgotten what happiness is;  
I tell myself my future is lost,  
all that I hoped for from the LORD.  
The thought of my homeless poverty  
is wormwood and gall;  
Remembering it over and over  
leaves my soul downcast within me.  
But I will call this to mind,  
as my reason to have hope:  
The favors of the LORD are not exhausted,  
his mercies are not spent;  
They are renewed each morning,  
so great is his faithfulness.  
My portion is the LORD, says my soul;  
therefore will I hope in him.  
Good is the LORD to one who waits for him,  
to the soul that seeks him;  
It is good to hope in silence  
for the saving help of the LORD.

*The word of the Lord.*